

Community Step Up Program form



Referral information

Referral date * _____

Contact name * _____

Email * _____

Organization name * _____

Contact number * _____

Client/SDM approved referral * Yes No

Client information

Client name * _____

DOB * _____

Contact number * _____

Street address * _____

Postal code * _____

Gender * Male Female

Email _____

City * _____

Language * _____

If required: substitute decision maker information

SDM name _____

Alternate number _____

Street address _____ Same as client contact

Postal code _____

Day time number _____ Same as client contact

Email _____

City _____

Preferred language _____

Medical information

Primary care physician * _____

Phone number * _____

Fax number * _____

Overall health concerns

- Balance
- Strength
- Range of motion
- Gait/Ambulation
- Acute Injury/event (sprain, fracture, cardiac, neuro)
- Post-operative
- High risk for falls / post fall
- Pain
- Needs support with ADLs
- Fine motor skills
- Home safety
- Coughing while eating or taking longer to eat meals
- Making modification to their foods or avoiding certain foods
- History of acid reflux
- Gradual or sudden change in their communication
- Difficulty understanding what the client is saying (not related to ESL)
- Difficulty finding their words

Chronic conditions

- Alzheimer's/Dementia
- Asthma
- Cardiac
- Diabetes
- Stroke
- Other
- Arthritis
- Cancer
- COPD
- Neurological (ALS, MS, Parkinson's)
- Shortness of breath

Considerations for the program

Does the client suffer with incontinence? * Yes No

Does the client need assistance with toileting? * Yes No

Does the client have responsive behaviours? * Yes No

Does the client have impulsivity? * Yes No

Is there any history of violence? * Yes No

Other concerns * _____